

Opioid Prescribing Recommendations After Cardiac Surgery via Median Sternotomy



Prescribe **around-the-clock acetaminophen:**

Inpatient: 1000mg oral acetaminophen every 8 hours

Post-discharge: 1000mg every 8 hours for 72, then as needed

In-hospital opioid use should guide post-discharge prescribing of **5mg oxycodone** to be taken every 6 hours as needed:

# Pills Used on Day Before Discharge:	Prescribe (# Pills):
0	0 – 4
1 – 3	15
≥ 4	25



Recommend **clinic visit** for assessment prior to **opioid refills**

Distribute **opioid education brochures** at discharge, including instructions for **safe storage and disposal**

