Clinical Frailty Scale (CFS): Classification Tree

**Terminal ill**

- **Yes**
  - Number of BADLs requiring help from another person (dress, bathe, eat, walk, get in and out of bed)
    - 0-2 BADLs: CFS 9
    - 3+ BADLs: CFS 8

- **No**
  - Number of BADLs requiring help from another person (dress, bathe, eat, walk, get in and out of bed)
    - 1-2 BADLs: CFS 6
    - 3+ BADLs: CFS 5

**Number of BADLs**

- 0-2 BADLs: CFS 9
- 3+ BADLs: CFS 8

**Number of IADLs**

- 5-6 IADLs: CFS 6
- 1-4 IADLs: CFS 5

**None**

**Number of Chronic Conditions**

- ≥10: CFS 4
- 0-9: CFS 3

**Self-Rated Health**

- Excellent: CFS 4
- Very Good/Good: CFS 4
- Fair/Poor: CFS 4

**Everything is an effort**

- All of the time (5-7 days/week): CFS 4
- Rarely/Never (<1 day/week): CFS 4

**Engages in moderate or strenuous sports or recreational activities**

- Yes: CFS 1
- No: CFS 2